



# HELPING HANDS:

News from Hands of Hope

Offering a safe, caring and supportive environment to homeless children and their families, single women and childless couples working their way out of homelessness

Volume 5, Number 5

P. O. Box 88, Yuba City 95992

[www.ychandsofhope.org](http://www.ychandsofhope.org)

Fall 2010

## HANDS OF HOPE'S ANNUAL TURKEY TROT RUN/WALK -- Brenda Wong, Chair, Turkey Trot

With the generous support of our sponsors -- Peach Tree Clinic, Sutter County Teachers, Sutter Health, Yuba City Racquet & Health Club and Early Risers Kiwanis -- the **Third Annual Turkey Trot for Hands of Hope** will be held on Saturday, November 20 at River Valley High School on El Margarita Road in Yuba City.

Registration fees: \$17/adult; \$8/child 14 and under (or 2 for \$15). Register by November 8 to be guaranteed a T-Shirt. After November 8, registration will be \$20/adult; \$10/child.

If you register as part of a team with 5 or more members, each of your registrations will be only \$15!

**Registration forms, including TEAM reg forms, will be available at Hands of Hope, Yuba City Racquet Club, Starbucks at both Franklin and Colusa Avenues, all Yuba City schools, and St. Andrew Presbyterian Church, beginning October 7.**

We need **VOLUNTEERS** to help on the day of the event. If you would like to help, call Pam Clifton, 530/218-4536.

The Turkey Trot is a major fundraiser for Hands of Hope. We hope to see you all there -- make it a family event; come to participate; come to volunteer; come to cheer on the runners and walkers!

It's an exciting day!



## 2010 Turkey Trot Family 5K Run/Walk

**Rain or Shine!**

WHO	Runners, joggers, walkers...families young & old
WHEN	Saturday, Nov. 20, 2010
WHY	For your family's health and to help homeless children & their families
WHERE	Stadium at River Valley High School
TIME	8:00am - registration opens 9:00am - run/walk begins
COST	\$17/adult - \$8/child or 2 for \$15 ages 14 and under (Registration fee rises to \$20/adults and \$10/child after 11/8/10)
INFO	This event benefits Hands of Hope: Resources for Homeless Families, a community non-profit organization that offers supportive services for homeless children and their families. For more info call Brenda Wong at 673-4625.

**Free t-shirt & Breakfast!**

### Entry Form

One entry per person (please print clearly)

Please return completed form and payment to

Hands of Hope: Resources for Homeless Families, P.O. Box 88, Yuba City, CA 95992

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Sex: M \_\_\_ F \_\_\_ Please check one: Run \_\_\_ Walk \_\_\_ Please accept my donation of \$ \_\_\_\_\_

Email address \_\_\_\_\_

T-shirt (circle one): **S M L XL** Entry fee: Adults: \$17 Children (14 and under) \$8 or 2 for \$15

NOTE: After 11/8/2010 fees rise to \$10 kids/\$20 adults.

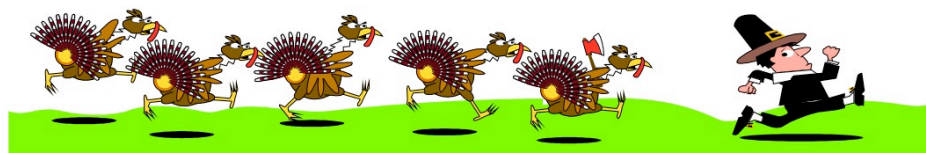
Availability of t-shirts is only guaranteed if you register by 11/8/10!

#### DISCLAIMER:

In consideration for my participation in the Turkey Trot, I for myself and any or all of my representatives do hereby release and hold harmless Hands of Hope: Resources for Homeless Families, Yuba City Unified School District, the city of Yuba City, race sponsors, officials, organizers and volunteers from any claims, liabilities, loss, damage and expense what so ever, including legal fees which may arise out of my participation in the race, including pre and post race activities. I further grant permission to Hands of Hope: Resources for Homeless Families and its authorized agents to use my name, photographs, videotapes or recordings of my participation in the event for any deemed reasonable purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature (required if participant is under 18) \_\_\_\_\_



**Message from President Jim Burse:**

I am humbled to be asked to take over the presidency from Mike Mannshardt. It is due to Mike’s vision and selfless dedication that Hands of Hope exists. Now it is the many dedicated volunteers, who carry on with his vision, which keeps our center open. To all of you I say a heartfelt “Thank You”. You are the heart and soul of Hands of Hope.

We are well into our second year of operation. Our guest base is expanding and we are positively affecting their lives. However, after 17 months of operation we are still open only 6 hours a day, 3 days a week. Many of us talk about increasing that to 4 or more days a week. What is stopping us? The answer is simple – volunteers. We cannot hope to expand until our volunteer base increases. I would encourage each of you, who are able, to consider giving up a few hours of your week to benefit the lives of others. I promise you will be richly rewarded. Hands of Hope will continue to make an impact in the Yuba Sutter area. We would like to expand that impact. Won’t you join us in making that happen?

**GUEST NOTES: Zette and Don Etter**

*Hands of Hope has from day one been a really important place for my husband and I to come. Helpful, kind and accepting of my husband and I when we first came to this warm and caring place. We were homeless and desperately needed people to listen to us. They have helped us get through when we had health issues and they were right there caring and taking care to check on my husband while I spent time in the hospital. They gave us a real hand up to get through those months, always being right there to help us move on to a better life. We believe without these people I probably wouldn’t be here. Even after we got a place, they were the angels I never knew existed. They are essential in so many lives and they keep spirits up and positive.*

*Thank you, Zette and Don Etter*



*L to R: Barbara Paterson, Guest Advocate & Board Member; with guests Don & Zette Etter*

**MONIQUE’S MEMORABLE MOMENTS**

*-- Monique Figlietti, Service Center Manager*

- HOH served 373 guests in a 12-day period in July and August, for an average of 31 guests per day
- Since March 2010, our volunteers have accumulated a total of 3,070 hours – and we need more volunteers
- Total number of registered guests: 512
- Sent dog food, donated by PetSmart, and men’s clothing to River Bottoms
- Number of precariously housed households coming to HOH continues to rise as the economy continues to falter
- We’ve distributed to children 18 backpacks for school
- Some of our regular guests are helping with jobs around the center. Sewing machine is set up: one guest sewed all the “volunteer staff” badges on the vests; another wants to make neck warmers as a fundraiser for HOH
- New volunteer willing to serve as interpreter with non-English speaking Latinos
- “Computer Room” being used by guests taking classes, or writing resumes, completing job applications, etc.
- A senior guest (over 60) moving into a room and out of the river bottoms

**LOCAL SUPPORT CONTINUES TO AMAZE**

- Judy Sanchez, Plumas Street Shopping District:* getting our guest forms translated into Spanish
- FREED:* walker and cane for senior guest
- Payless Shoes:* donating new shoes on as needed basis
- Pooles Jewelry:* fixing guest’s glasses
- Starbucks Harvest Program:* providing pastries
- PetSmart:* donation of large and medium bags of dog food

**A CELEBRATION OF LIFE:** We celebrate the life of long-time dedicated HOH volunteer, **Barbara Coillot**, who died last month after a short illness. Barbara had volunteered in the office since we opened in April 2009. Our sympathy goes out to Barbara’s family and friends.

**BRIDGES TO HOUSING--UPDATE**

*-- Arlene Hite, HOH Board Member & Liaison to Bridges to Housing*

*Bridges to Housing is in desperate need of both funds and volunteers. We have a backlog of guests needing help with deposits for housing. We are currently serving 83 folks, with 23 now in housing, and 18 qualified to move in if deposit money were available. **Funding is needed for deposits (call 530/682-3834 to find out how this works!).***

*In addition to the remaining 42, we continue to see new guests nearly every day—all of whom need counseling to determine if they qualify for rent. **We need volunteers** to work with them in our office at Hands of Hope. Our winter housing and overnight shelter programs are a wonderful service; however they are only band aids for a problem that is growing worse every day. We need to get all of the folks who qualify to rent (and there are many) into permanent housing.*

***Call 530/682-3834 for more information and/or if you can help. Whatever time or money you can afford is welcome!***

**R.E.S.T. for the HOMELESS**

**Regional Emergency Shelter Team--Winter Shelter Continues with New Name and Faces**

-- *Jacque Bockius, R.E.S.T. Board Member*

The emergency homeless winter shelter program will continue this year under our new name, **Regional Emergency Shelter Team (R.E.S.T.)**. Last season, FEWS (Family Emergency Winter Shelter) provided shelter and hot meals at the Walton Firehouse for 71 homeless women, children and couples all winter long. Our goal remains the same: to provide a safe, warm place to sleep, nourishing meals, and compassionate, respectful fellowship for the neediest and otherwise forgotten homeless families in the Yuba-Sutter community. To succeed will require the dedication of sincere compassionate volunteers.

**R.E.S.T.** invites all members of our community to join us in offering shelter and food for the homeless. Local churches will provide shelter at their facilities on a rotating weekly basis for the guests. Hands of Hope will serve as the portal (an intake/screening process for the guests), who will then be transported to the host church, where dinner will be served by area churches. The shelter will operate about 16 weeks, tentatively, December 1, 2010 to April 1, 2011.

**R.E.S.T. NEEDS VOLUNTEERS!** Our experience last year taught us how vital our **VOLUNTEERS** are to the success of this service. **WE NEED YOU!** There are many ways to serve as a volunteer:

- Evening portal duties at Hands of Hope (3 volunteers per shift, 5:30 to 7:00 PM daily)
- Morning portal duties at Hands of Hope (3 volunteers per shift, 6:30 - 8:00 AM daily)
- Transport drivers in the evening and the morning, to and from the shelter site
- A Logistics team to carry bedding and other items to and from shelter sites
- Overnight supervisors to spend the night overseeing the shelter site and relating with guests
- Volunteers with administrative and/or organizational skills are in great need

Volunteer training is important; our volunteers need to know the rules and how to deal with problem situations that might arise. **R.E.S.T. volunteer training** will be coordinated with **Hands of Hope training** (training dates to be announced). Volunteer applications will be available at St. Andrew Presbyterian Church, 1390 Frankliln, YC., and on line at [www.ychandsofhope.org](http://www.ychandsofhope.org) (follow the link). Medical volunteers will be on call for medical problems needing immediate attention, but not 911 assistance.

Given the depressed economic situation in the Yuba-Sutter area, our homeless population is growing substantially. Data from surrounding year-round homeless shelters indicate we could very well be inundated this year by young and old, unemployed, newly homeless people from the Yuba-Sutter area. **We need compassionate volunteers** who realize the people we serve are our friends and neighbors, and who will reach out and make a difference.

**For information and to volunteer please call Jacque Bockius, 530/671-7637, or email [bockius@succeed.net](mailto:bockius@succeed.net).**

**VOLUNTEER EDITOR WANTED**

"Helping Hands," quarterly newsletter of Hands of Hope is in need of a volunteer Editor/Publisher. Skills using I-pages, or some other desk top publishing program a must. If interested in the job, call Board President, Jim Bursey, 713-9911. For information about the process, call Sue Mannshardt, 674-7715.

**PEACH FESTIVAL RUN BENEFITS HOH!**

*Hands of Hope was the beneficiary of the proceeds from the annual Peach Festival Run, held Saturday, July 17. Rick Browning, who coordinated the Run, donated all of the net proceeds to HOH -- a total of \$934!!! Rick also is a huge contributor to the success of our own Turkey Trot!*

(tear off and return to: **HANDS OF HOPE, P O Box 88, Yuba City CA 95992**)

**THANK YOU FOR OFFERING HOPE TO HOMELESS FAMILIES IN SUTTER & YUBA COUNTIES**

\_\_\_\_\_ \$ No amount is too small -- cathedrals are built brick by brick!!!      \_\_\_\_\_ Friend (\$100-\$500)      \_\_\_\_\_ Neighbor (\$500-\$1000)  
 \_\_\_\_\_ Partner (\$1000-\$10,000)      \_\_\_\_\_ Cornerstone (\$10,000-\$20,000)      \_\_\_\_\_ Builder (over \$20,000)      \_\_\_\_\_ Other \$ \_\_\_\_\_

\_\_\_\_\_ I would like to contribute monthly as noted \$ \_\_\_\_\_/month Please send me envelopes.  
 \_\_\_\_\_ I would like to remain anonymous.  
 \_\_\_\_\_ This gift is in memory/honor of \_\_\_\_\_ (indicate name and/or special occasion)  
 Please send acknowledgment card to (Please print name and complete mailing address): \_\_\_\_\_

\_\_\_\_\_ I would like HANDS OF HOPE to speak to my/our organization (name of Organization): \_\_\_\_\_  
 \_\_\_\_\_ I would like to volunteer (list areas of interest): \_\_\_\_\_  
 \_\_\_\_\_ I would like to help with "in-kind" donations (please call office, 530/755-3491, to inquire what's needed)

**All gifts to HANDS OF HOPE are tax deductible as allowed by law (Federal Tax ID #20-3192107)**

**Hands of Hope is a Yuba Sutter United Way Affiliate**

**HANDS OF HOPE WISH LIST**

*-- Barbara Paterson, Guest Advocate & Board Member*

In addition to your generous financial support, HOH is always in need of the following:

- *Tampons( super plus), maxi pads, diapers sizes 4, 5, 6; wipes, paper towels*
- *Tide liquid High Efficiency (He) laundry detergent, dryer sheets, spray stain remover for clothes, 33 gallon garbage bags*
- *Individual juice boxes, 12 oz. styrofoam cups, cup of soup noodles, individual snacks, large boxes of forks and spoons, fresh fruit, microwave popcorn, sugar substitute packets*
- *New or gently used children’s and women’s clothes for FALL -- all sizes*
- *Special need for XXL, XXXL women’s clothes and underwear*
- *Men’s and women’s deodorant, regular sizes of body wash, shampoo and conditioner, body lotion, razors, sunscreen, insect repellent, hotel size items*
- *Quality “gently used” towel sets, kitchen items*
- *Gift cards from local stores, fast food places, gas stations, pre-paid Visa cards*
- *Backpacks, sleeping bags*

Please deliver donated items to: Hands of Hope, 909 Spiva Avenue, Yuba City, during our business hours: **Tues., Wed., Thurs. 12-6 p.m.** A huge thanks for helping our guests at Hands of Hope.

**Hands of Hope  
P.O. Box 88  
Yuba City CA 95992**



*Many thanks to volunteers from Beale AFB who spent a weekend painting four rooms at Hands of Hope.*

**BIKE AND BUILD:**

**Habitat of Humanity’s** national “Bike and Build” program worked in the Yuba-Sutter area for a few days again this summer. Once again, HOH opened our doors so the young people could shower the evenings they were in town. The 20+ young adults rode their bicycles across the country, 2600 miles over 6 weeks, stopping for a few days at a number of Habitat sites to provide whatever assistance was needed.

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***RETURN SERVICE REQUESTED***